

Strengthening the Knot

“Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interests, but also to the interests of others.” - Philippians 2:3-4

Need to Learn the Language

A couple of things we must first know:

- Each of us has our own love language.
- Rarely do a husband and wife have the same love language.
- Most people will have a few languages that are important but only one primary language.

The Five Love Languages

★ Words of Affirmation (Proverbs 12:25; 18:20)

★ Quality Time (Proverbs 18:13)

★ Receiving Gifts (Proverbs 18:16)

★ Acts of Service (John 13:14)

★ Physical Touch (Proverbs 4:8)

Homework

From what we just discussed identify your primary love language.

- Sit down with your spouse and share each other’s primary love language.
- Identify ways your spouse can speak your primary love language to you! Be specific.
- Speak your spouse’s love language this week in two ways:
 - Speak their language in small ways every day!
 - Find one way to speak their language in a BIG way and do it!